

Greenfield Seniors September - December 2024 The Town of Greenfield Seniors meet at the Town of Greenfield Community Center 25 Wilton Road Greenfield NY Meetings are at 1:00 PM every 2nd & 4th Thursday - January - October, November, and December at 1PM the 2nd Thursday of the month. Membership is \$8.00 Per Person

The Current of Officers are as follows:

President - Phil Steves (518) 793-2919

Vice President - Elois Fink (518) 587-9980

Secretary - Lillian Curley (518) 626-2419

Treasurer - Trina Steves (518) 793-2919

Financial Secretary - Harriet Bishop (518) 522-5867

Board Members: Mary Richmond 3 years, Sandie Ovitt 2 years, Linda Harris 1 year

Special Committees:

Chaplain: Becky Woolley (518) 587-5903

Photographer: Nancy Harrison (518) 893-7585

Program Secretary: Position Open

Sunshine: Gloria Ramsey (518) 587-0116

Trips: Sandie Ovitt (518) 584-8943

Publicity: Mary Richmond - Facebook Administrator (518) 450-9091

Greenfield Seniors are looking to expand their membership. Anyone age 50 or above is cordially invited to attend and join. Please ask your family, friends, or neighbor to a meeting. We are looking to add more fun with your help. If you would be interested in joining a committee to make this happen, please see any officer, or board member.

Important dates to remember:

October 10th Crafts at 11:00 A.M. You may bring your lunch and relax till the meeting. A basic craft kit would consist of Scissors both Big and Small. Alene's Tacky Glue, Glue Dots $\frac{1}{2}$ in and Mod Podge which all could be purchased at the Dollar Tree. A 12-count box of colored pencils. There may be crafts that will call for additional supplies which I would let you know about in advance. The cost of the crafts will remain at \$4.00. Class is limited to twelve people. Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

Meeting October 10th at 1:00 P.M.

Tuesday's Lunch Bunch October 15th

The Brick West Ave Saratoga at 11:45 A.M.

Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

There will be no October November or December Crochet and Knitting Craft Meeting October 24th at 1:00 P.M.

Wednesdays Lunch Bunch October 30th

The Brick West Ave Saratoga at 11:45 A.M.

Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

Tuesday's Lunch Bunch November 5th

Red Robin Wilton 11:45 AM

Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

November 14th Crafts at 11:00 A.M. You may bring your lunch and relax till the meeting. A basic craft kit would consist of Scissors both Big and Small. Alene's Tacky Glue, Glue Dots $\frac{1}{2}$ in and Mod Podge which all could be purchased at the Dollar Tree. A 12-count box of colored pencils. There may be crafts that will call for additional supplies which I would let you know about in advance. The cost of the crafts will remain at \$4.00. Class is limited to twelve people. Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

Meeting November 14th at 1:00 PM

Wednesday's Lunch Bunch November 20th

Red Robin Wilton 11:45 AM

Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

No Meeting on November 21st

Happy Thanksgiving

Tuesday Lunch Bunch December 3rd

Applebee's Wilton 11:45 AM

Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

Greenfield Senior Christmas Party

December 7th, 2024

12PM - 3PM

Holiday Inn 232 Broadway Saratoga Springs NY 12866

Reservations and Payment needed by November 14, 2024 Make checks payable to "Greenfield Seniors" \$38.00 per person.

MENU: Garden Salad, Dessert - Carrot Cake Entrée 1: Breaded Chicken Parmesan with Pasta Entrée 2: Braised Short Rib with Pan jus and Baked Potato Entrée 3: Grilled Salmon with Potato Unsweetened Iced Tea, Coffee, and Hot Tea

December 12th 11:00 A.M Crafts or Cookie Exchange depends on participation Cookie Exchange with Lunch for attendees

Meeting December 12th Meeting 1:00 PM

Wednesday Lunch Bunch December 18th

Applebee's Wilton 11:45 AM

Please sign up or call Trina at (518) 793-2919 to reserve your seat, if there is no answer, please leave a message.

Merry Christmas

No Meeting om December 26th



New Members Are Always Welcome!

Helen Mosher

John Haviland

Starlene Haviland



October Veronica McFarland Sandie Ovitt Gloria Ramsey Larry Rutland Rebecca Woolley



November Diane Colburn Starlene Haviland Donna Middlebrook Roger Ovitt Ron Richmond Mary Riegert Laura Scala Philip Steves



December Joan Buell Lisa Gifford John Haviland Karen Hurd Sonja Priest Edward Richmond

Greenfield Seniors we need your help!

As you know we are all volunteers from our officers to our committees and our members who contribute to our delicious refreshments and great offerings at our annual picnic.

You will be contacted in October to see if you would like to run for office or board member. Elections are in November.

Reasons to become an Officer or Committee Chairperson

It's a good way to bridge the gap between yourself and others. Working with others allows for people from different backgrounds to come together as one. Volunteering sets a good example for others. Meeting like-minded, motivated, positive people is super easy. The way someone chooses to spend their spare time is a true reflection of their values and priorities. Connecting over shared passions for a cause while helping others is a great way to meet new friends. By volunteering, your "circle of friends" can get a whole lot bigger in just a short amount of time.

Volunteering can offer unique and exciting opportunities.

"Doing good" is important. Volunteering presents a proactive way of doing something to make the world a better place. Even the smallest gestures make a difference. And if we all band together, those small gestures can add up to a big change!

Volunteering creates empowerment.

Volunteering gives greater perspective and self-awareness as a volunteer; you will be expected to keep a calm and positive demeanor. Dealing with these situations can make you question your perspective on the world and the choices you make in your personal life. Though this can be a bit overwhelming at first, developing a keener sense of self-awareness is an amazing transformation many volunteers experience.

Volunteering has never been easier.

Volunteering can help you get or stay healthy, Interestingly, volunteering has distinct health benefits that can boost your mental and – perhaps more surprisingly – *physical* health. Indeed, a growing body of evidence suggests that people who give their time to others might benefit from lower blood pressure and a longer lifespan.

Volunteering is good for you. Studies show that volunteering releases tension. By helping others, you take the focus off your own problems, putting into perspective how precious having a healthy, fulfilled life really is. Many volunteers realize that, while not perfect, their life is a blessing to be celebrated every day. In my opinion, this is priceless.

Committee members however are not elected but are appointed by the President. We are looking to fill the following committees:

Program Secretary - responsible for getting speakers for meetings has a \$200 yearly budget if needed.

Publicity person – responsible for placing free ads in local newspaper, tv, etc.

If you are interested in the above committees, please see Philip Steves.

Reese's Peanut Butter Cup Cookies

My family loves Reese Cups and me too. I make them for holidays. It is so easy to fix it. They are so delicious and sweet. Cook time: 10 Min Prep time: 30 Min Yield: 40 cookies.

Ingredients

1 3/4 c all-purpose flour
1/2 tsp salt
1 tsp baking soda
1/2 c butter or margarine, softened
1/2 c white sugar
1/2 c peanut butter
1/2 c packed brown sugar
1 egg, beaten
1 tsp vanilla extract
2 Tbsp milk
48 miniature Reese's peanut butter cups, unwrapped

Directions

1. Sift together the flour, salt and baking soda; set aside. Cream together the butter, sugar, peanut butter and brown sugar until fluffy. Beat in the egg, vanilla and milk. Add the flour mixture; mix well. Shape into 40 balls and place each into an ungreased mini muffin pan. Bake in a 375F preheated oven for about 8 minutes. Remove from oven and immediately press a mini peanut butter cup into each ball. Cool and carefully remove from pan.